

JUMP START YOUR CAREER

Take an asynchronous course this summer!

CP 665: Career Development Through the LifeSpan

Department of Counseling Psychology



Career development is a lifelong process that includes tasks and decisions related to:

- planning your major in college
- identifying career exploration opportunities
- getting a job
- selecting your dream job
- transitioning into a new job

A key component of this course includes exploration of how knowledge from the field of career development can be applied to your own life.

You will engage in self-reflection regarding your personalities, identities, life experiences, cultures, interests, skills, needs, and values and learn concrete strategies to apply this self-knowledge to your own career exploration and planning.